

# (12) UK Patent Application (19) GB (11) 2 381 642 (13) A

(43) Date of A Publication 07.05.2003

(21) Application No 0124114.0

(22) Date of Filing 06.10.2001

(71) Applicant(s)  
**Dave Ashman**  
Flat 8, 49 Sumner Road, LONDON,  
SE15 6LA, United Kingdom

(72) Inventor(s)  
**Dave Ashman**

(74) Agent and/or Address for Service  
**Dave Ashman**  
Flat 8, 49 Sumner Road, LONDON,  
SE15 6LA, United Kingdom

(51) INT CL<sup>7</sup>  
**G09F 19/00**

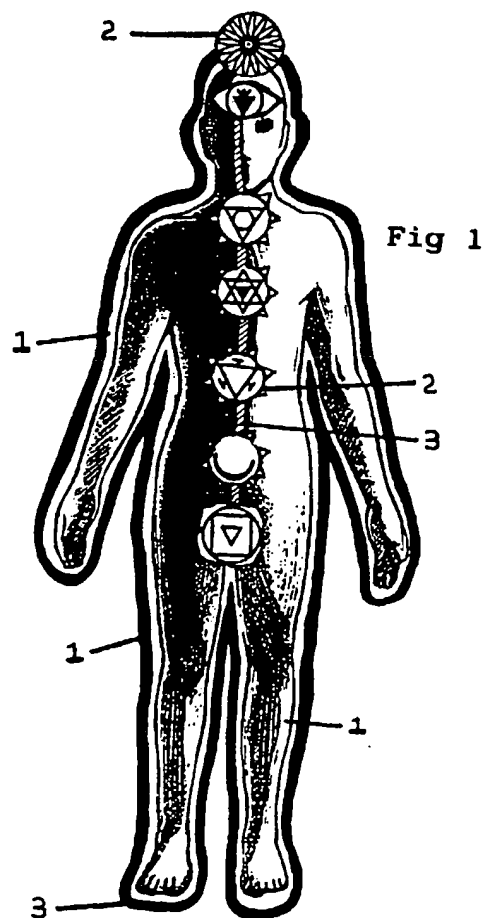
(52) UK CL (Edition V )  
**G5C CEH**

(56) Documents Cited  
**GB 2344288 A** **US 5197885 A**

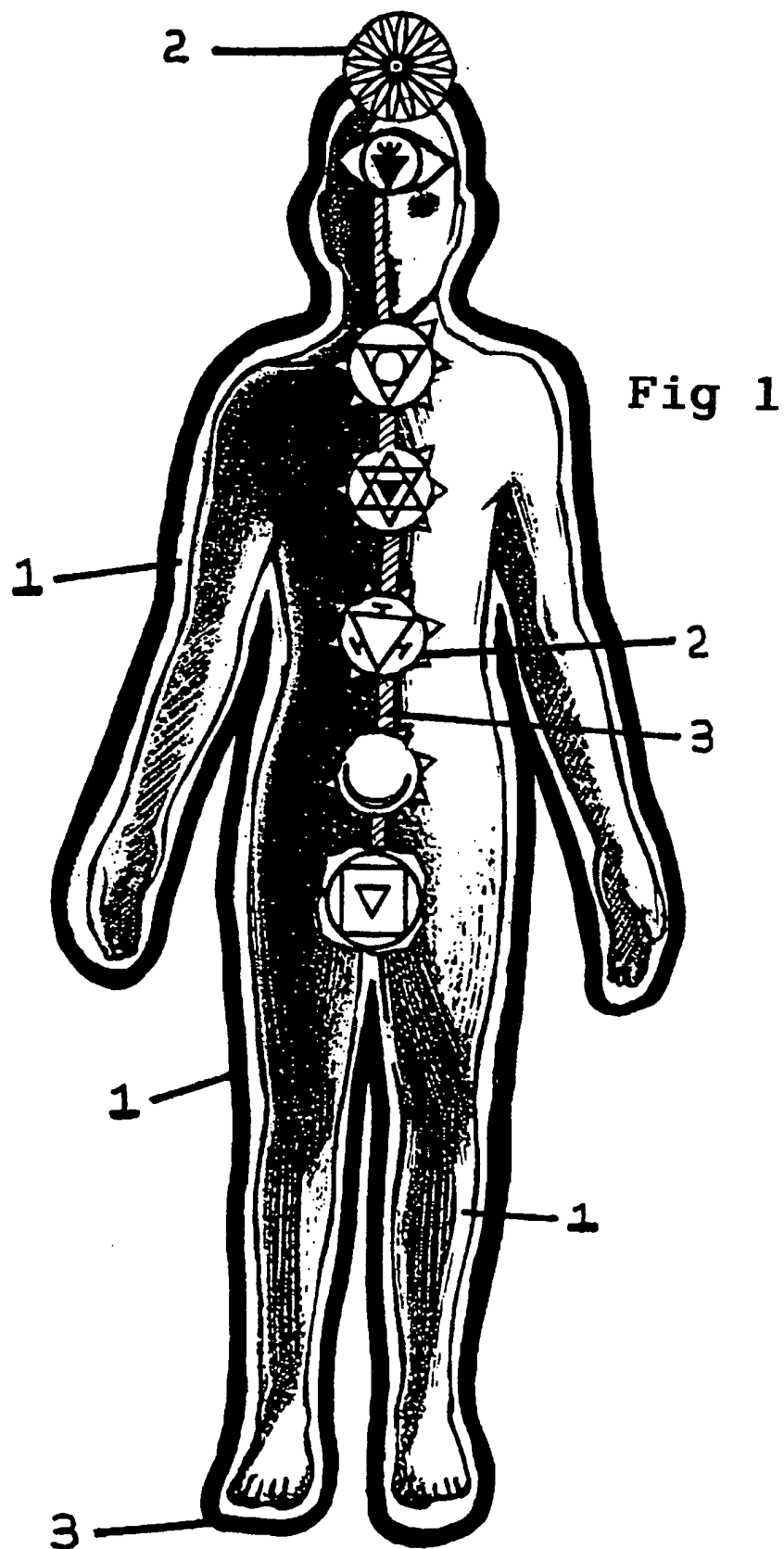
(58) Field of Search  
UK CL (Edition T ) A6S S1F5 S3A, G5C CDA CEH CEJ,  
G5G G16 G17  
INT CL<sup>7</sup> A61H, A63H, G09B, G09F  
Other: Online patent databases: WPI, EPODOC, PAJ,  
TXTUS0, TXTUS1, TXTUS2, TXTUS3, TXT01.  
Internet: General keyword search

(54) Abstract Title  
**Body shaped chakra mat emitting light and music**

(57) An aid for alleviating stress-related symptoms comprises three differently sized PVC or fabric two-dimensional body images 1 bonded together in layers with the smallest image as the uppermost layer, and seven illuminating units 2 having associated pre-recorded musical rhythm units. The illuminating units 2 may comprise push light switches bearing chakra inspired designs located at the seven chakra points, each having an electronic pre-recorded music unit. The overall posture and colour of the chakra self-healing aid may be variable whilst the shapes of the two-dimensional body images always match one another. The self-healing aid may be powered by mains electricity via a power point located in the foot area or by batteries, and may have adhesive means on the rear, e.g. Velcro (RTM) hook and loop fasteners or peel-off adhesive stickers, for mounting to a wall or door. The light switches may be centrally linked by a wiring spine, and the self healing aid may have an associated chakra booklet. In use, activation of the light switch at any chakra point causes the chakra point to illuminate and the associated musical rhythm to play for a period of time.



GB 2 381 642 A



## CHAKRA SELF-HEALING AID

This invention relates to human stress reduction, personal self-healing using colour and chakra meditation techniques.

Currently stress is a major dis-ease worldwide; the usual cures for this illness are medication, alternative treatments, exercise and safer foods. The most common treatments at present are reactive that is when modern-day stressful conditions lead to energy blockages within our body's immune system. Eventually leading to documented debilitating volcanic human conditions for example:- heart attack(s), cancer(s) mental disorders and violent behaviour.

The ancient knowledge of Chakra awareness & healing is relatively poorly presented in our modern stress-out societies in a easy to use proactive daily visual format.

This invention is made from PVC colour vinyl sheets 1 or alternatively a textured fabric 1 cut-out accurately in triplicate 100%, 80%, 60% human body shapes. The three body-layers are bonded together incorporating the chakra spinal lighting unit 2 plus the seven finished chakra design light covers push on/off switch 2. Also designed in the spinal conduit are seven varied relaxing musical recordings unit(s) 3.

To enlighten further the accompanying drawing of the CHAKRA SELF HEALING AID Fig 1 illustrates the product in it's black and white complete two dimensional state.

With referal to Fig 1 as seen the three coloured PVC/fabric body layers are bonded so illustrating the following three basic human components namely:- the physical body, the mind body and the soul body (the father, the son & holy-ghost) representations.

Located between these three layers 1 is the spinal electrical set-up 3 connecting the lighting 2 switch and chakra design covers /switch(s). Also incorporated at point 2 throughout the spinal set-up are the seven musical switch unit(s)3 as this one switch operates both items.

The various size(s) of Fig 1 at present are; life size, three quarter life-size and half-size, satisfying a wider marketplace. The back/bottom of 1 the PVC/fabric body layer is produced ready for adhesion to any wall type surface either with velcro<sup>(RTM)</sup> or peel-off permanent adhesive technique.

Fig 1 is ideally suited for a wall, door or anywhere suitable for relaxation. It's operation is basic, simply push the chosen chakra body zone light(s) 2(3), relax, look & listen to benefit from focussing one's perception upon this body, mind & soul re-alignment technique.

This product aims to re-balance and realign our stressed-out human condition alleviating dis-ease passively towards a more harmonious realisation thereby in so doing relieving stress symptoms the natural and painless way.

## CLAIMS

- 1 This Chakra self-healing aid comprises of a triplicate PVC or fabric multi-coloured two dimensional body image 1 which are sized ascendingly and bonded together to illuminate and relax the meditator using ancient chakra knowledge represented by seven light-covers 2 concurrently with one of the seven pre-recorded musical rhythm unit(s) 3 to alleviate stress related symptoms.
- 2 Chakra self-healing aid as claimed in Claim 1 has seven chakra inspired designs push light switch-covers 2 incorporating the seven electronic pre-recorded musical units 3.
- 3 Chakra self-healing aid as claimed in Claim 1 or Claim 2, wherein the human body shapes concur yet these body shapes 1 are variable in posture and colour containing always the seven chakra spinal conduit unit(s) 2 & 3.
- 4 Chakra self-healing aid substantially as described herein with reference to the illustration Figure 1 of the accompanying drawing.

H

**Amendments to the claims have been filed as follows**

1. A chakra self-healing aid for alleviating stress related symptoms, comprising a multi-coloured two-dimensional image of a body formed from three layers of PVC or fabric material bonded together, each layer being sized to overlap the next layer with the largest layer as the lowermost layer, and seven light-covers having associated pre-recorded musical units representing the body's major Chakra points.
2. A chakra self-healing aid as claimed in claim 1, in which each of the seven light-cover(s) bears a relevant chakra inspired design, comprise a push-on light switch-cover also incorporating an electronically pre-recorded musical unit.
3. A chakra self-healing aid as claimed in claim 1 or 2 in which the shapes of the two-dimensional body images correspond accurately to one another but the overall posture and body shape, texture and colours of the chakra self-healing aid is design variable.
4. A chakra self-healing aid substantially as described herein with reference to the accompanying illustration Figure 1.



INVESTOR IN PEOPLE

Application No: GB 0124114.0  
Claims searched: All

Examiner: Brendan Donohoe  
Date of search: 17 July 2002

# Patents Act 1977 Search Report under Section 17

## Databases searched:

UK Patent Office collections, including GB, EP, WO & US patent specifications, in:

UK Cl (Ed.T): A6S S1F5, S3A; G5C CDA, CEH, CEJ; G5G G16, G17.

Int Cl (Ed.7): A61H; A63H; G09B; G09F.

Other: Online: EPODOC, WPI, JAPIO, TXTUS0, TXTUS1, TXTUS2, TXTUS3, TXTEP1, TXTGB1, TXTWO1.

Internet: General keyword search.

## Documents considered to be relevant:

Category	Identity of document and relevant passage	Relevant to claims
A	GB 2344288 A (BOURNE) - See whole document, especially fig 8, the first three paragraphs of page 5, and the description of figure 8 spanning pages 13 & 14.	
A	US 5197885 A (FRIEDEL) - See especially fig 1, column 2 lines 55-59, and column 3 lines 3-6.	

X	Document indicating lack of novelty or inventive step	A	Document indicating technological background and/or state of the art.
Y	Document indicating lack of inventive step if combined with one or more other documents of same category.	P	Document published on or after the declared priority date but before the filing date of this invention.
&	Member of the same patent family	E	Patent document published on or after, but with priority date earlier than, the filing date of this application.